



Anorexia: You Can Never Be Too Thin—Or Can You?

Author: Jennifer Karin Jordan

Genre: Health/Healing/Wellness/Children's Books/Teens/Parenting

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Jennifer K. Jordan welcomes interviews, and would be honored to speak on your show and share her expertise about Anorexia Nervosa and how to recover from it.

Hope and solutions await inside the inspiring pages of Anorexia!

“It’s not easy to entertain and teach at the same time, but this short book does exactly that! The magical tale was followed by a detailed narrative that gave me a solid understanding of the day-to-day life of one who suffers from this eating disorder, and most importantly—a way out. This book is a keeper that can be read and reread as a guide to positive living for those with particular problem and even those without it.”

Cynthia Levy, Ph.D. - Retired Literature and Creative Writing Professor/Registered Art Therapist

“Jennifer Jordan's *Anorexia: You Can Never Be Too Thin—Or Can You?* is one of those rare books that contains valuable information for very young children, as well as adults, including professionals. Readers will be warned, helped, and inspired via both the self-revealing odyssey and possible future paths to enlightened safety.”

Bill Younglove, Ed.D. - Teacher Educator, California State University, Long Beach/Former Secondary Teacher

“By giving her experiences and insights to a younger audience than is usual for a book on this subject, Jordan takes an important step in empowering young audiences and their caretakers with early information that can lead to prevention and understanding.”

D. Donovan - Senior Reviewer, Midwest Book Review



Jennifer K. Jordan is a California-based author who has worked extensively in the fields of teaching, counseling, writing, and editing. She has passion for celebrating the spiritual in our daily lives and educating others. Currently, she is hard at work on her next inspirational book.